

DOI: 10.1016/j.foodchem.2013.08.097

# **Susceptibility of milk protein-derived peptides to dipeptidyl peptidase IV (DPP-IV) hydrolysis**

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Please cite as:

Nongonierma, A. B. & FitzGerald, R. J. (2014). Susceptibility of milk protein-derived peptides to dipeptidyl peptidase IV (DPP-IV) hydrolysis. Food Chemistry, 145, 845-852.

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## Abstract

*In silico* digestion of milk protein-derived peptides with gastrointestinal enzyme activities was used to predict the release of peptides with a Pro residue at position 2 from the N terminus. These peptides are known to act as preferred dipeptidyl peptidase IV (DPP-IV) substrates. Five casein-derived synthetic peptides (Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Leu-Pro-Leu, Tyr-Pro-Tyr-Tyr, Leu-Pro-Tyr-Pro-Tyr and Ile-Pro-Ile) and a casein (CasH), whey (WPH) and lactoferrin hydrolysate (LFH) generated with gastrointestinal enzymes were incubated with DPP-IV at 37°C for 18 or 24 h. Peptide breakdown was evident following incubation with DPP-IV. Different modes of DPP-IV inhibition were observed depending on the test compound. Ile-Pro-Ile-Gln-Tyr, Tyr-Pro-Tyr-Tyr and Leu-Pro-Tyr-Pro-Tyr were substrate-, Leu-Pro-Leu-Pro-Leu and CasH were prodrug- while WPH and LFH were true DPP-IV inhibitors. These results are relevant for the bioactivity and bioavailability of functional foods targeting DPP-IV inhibition with potential blood glucose regulatory properties in humans.

**Key words:** dipeptidyl peptidase IV inhibitors, substrate-type inhibition, prodrug-type inhibition, antioxidant, bioactive peptides, milk

## 1. Introduction

Inhibition of dipeptidyl peptidase IV (DPP-IV) has been proposed as a new avenue for the treatment of Type 2 diabetes (T2D). DPP-IV is an ubiquitous enzyme which can be found in different locations of the body including the surface of various cells and in the circulation. It hydrolyses incretin hormones such as glucose dependent insulintropic peptide (GIP) and glucagon-like polypeptide-1 (GLP-1). Those incretins can enhance insulin secretion from pancreatic beta cells in the presence of nutrients *in vivo* (Bjelke et al., 2006). The degradation of GLP-1 and GIP by DPP-IV results in a loss in the bioactive properties of these hormones. DPP-IV drug inhibitors are utilized to prevent incretin degradation *in vivo*, thereby increasing their half-life (Bjelke et al., 2006).

Various studies have highlighted the possibility of using food-derived proteins and peptides as a natural source of DPP-IV inhibitors (Hatanaka et al., 2012; Huang, Jao, Ho & Hsu, 2012; Lacroix & Li-Chan, 2012b). These sources notably include milk proteins (Lacroix & Li-Chan, 2012a; Silveira, Martínez-Maqueda, Recio & Hernández-Ledesma, 2013; Tulipano, Sibilia, Caroli & Cocchi, 2011; Uchida, Ohshiba & Mogami, 2011; Uenishi, Kabuki, Seto, Serizawa & Nakajima, 2012). Casein and whey protein hydrolysates have been identified as DPP-IV inhibitors (Lacroix & Li-Chan, 2012a; Nongonierma & FitzGerald, 2013; Tulipano et al., 2011; Uenishi et al., 2012). Hydrolysates generated from  $\beta$ -lactoglobulin (Lacroix & Li-Chan, 2013; Silveira et al., 2013; Uchida et al., 2011),  $\alpha$ -lactalbumin (Lacroix & Li-Chan, 2013), bovine serum albumin (Lacroix & Li-Chan, 2013) and lactoferrin (Lacroix & Li-Chan, 2013; Nongonierma & FitzGerald, 2013) have also been identified as potent DPP-IV inhibitors. Various DPP-IV inhibitory peptide sequences have been reported in the literature (Lacroix & Li-Chan, 2012b). The potent DPP-IV inhibitory peptides, diprotin A (Ile-Pro-Ile) and B (Val-Pro-Leu), originating from microbial cultures of *Bacillus cereus*, display half maximal inhibitory concentration (IC<sub>50</sub>) values in the  $\mu$ M range (Rahfeld, Schierborn, Hartrodt, Neubert & Heins, 1991). Recently, different dipeptides from rice protein with a Pro residue at the C terminus have

65 been identified as DPP-IV inhibitors (Hatanaka et al., 2012). However, various dipeptide  
66 sequences without Pro residues have also been identified as potent DPP-IV inhibitors  
67 (Nongonierma & FitzGerald, 2013). Several food-derived DPP-IV inhibitory peptide sequences  
68 longer than 2 amino acid residues have also been reported in recent studies (Silveira et al., 2013;  
69 Tulipano et al., 2011; Uchida et al., 2011; Uenishi et al., 2012).

70 It is recognised that peptides which act as inhibitors of key enzymes in metabolic pathways  
71 may have different susceptibilities to further cleavage on binding to these enzymes. For instance,  
72 it has been proposed that inhibition of angiotensin I converting enzyme (ACE), a key enzyme in  
73 blood pressure control, by peptide inhibitors could be classified into three main categories based  
74 on their stability toward ACE. Peptides displaying an inhibitor-type behaviour are not cleaved  
75 following incubation with ACE. Peptides with a prodrug-type behaviour are cleaved by ACE,  
76 resulting in the release of a “true” inhibitory peptide with a lower IC<sub>50</sub> value compared to the  
77 parent peptide. The third category of peptides, which show a substrate-type behaviour, are  
78 cleaved following incubation with ACE, resulting in an increase in the IC<sub>50</sub> value compared to the  
79 parent peptide (Fujita & Yoshikawa, 1999). It has been demonstrated that many DPP-IV  
80 inhibitory peptides behaved as substrates for this enzyme. Rahfeld et al. (1991) reported for the  
81 first time that diprotin A and B were substrates for DPP-IV. This result could have been  
82 anticipated as both peptides have the structural features of DPP-IV preferred substrates, where a  
83 Pro residue is located at the penultimate position (Kühn-Wache, Bär, Hoffmann, Wolf, Rahfeld &  
84 Demuth, 2011; Vanhoof, Goossens, De Meester, Hendriks & Scharpé, 1995). Milk proteins and  
85 particularly caseins are relatively rich in Pro residues, therefore, it could be anticipated that  
86 various peptide sequences showing structural characteristics of DPP-IV substrates may be  
87 released upon enzymatic hydrolysis of milk proteins. Lacroix and Li-Chan (2012a) hypothesised  
88 that DPP-IV inhibition by various milk protein hydrolysates may actually involve milk protein-  
89 derived peptides behaving as DPP-IV substrates.

90 A link between the secondary complications of T2D such as cardiovascular disease

(atherosclerosis, stroke and coronary heart disease) and oxidative stress has been proposed. It has been suggested that natural antioxidants may be used as adjuncts to therapeutic approaches to help in preventing cardiovascular complications induced by T2D (Xu, Tappia, Neki & Dhalla, 2013). Milk proteins and peptides have been identified for their antioxidant properties. The utilization of anti-diabetic milk peptides/hydrolysates with additional antioxidant properties in the management of T2D has therefore been proposed (Nongonierma & FitzGerald, 2013).

Earlier studies have demonstrated the cleavage of milk protein-derived peptides by DPP-IV. However, to our knowledge, no studies have shown that milk protein-derived peptides display a prodrug- or substrate-type of inhibition towards DPP-IV. The aim of this study was to predict the release of DPP-IV substrate-like peptide sequences (peptides having a penultimate Pro residue) by gastrointestinal enzymes using an *in silico* digestion of the major individual milk proteins. Several casein-derived sequences were then synthesized and incubated with DPP-IV in order to assess their stability to further hydrolysis by DPP-IV. The parent peptides and their breakdown products were then tested for their DPP-IV inhibitory and antioxidant potential. A similar approach was followed with milk protein hydrolysates generated with gastrointestinal enzymes.

## **2. Materials and methods**

### **2.1. Reagents**

The synthetic peptides Leu-Pro, Tyr-Pro, Ile-Pro, Tyr-Tyr, Leu-Pro-Leu, Tyr-Pro-Tyr, Ile-Gln-Tyr, Tyr-Pro-Tyr-Tyr, Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Leu-Pro-Leu and Leu-Pro-Tyr-Pro-Tyr were from Thermo Fisher Scientific (Ulm, Germany). Ile, Tyr, Leu, trifluoroacetic acid (TFA), tris(hydroxymethyl)aminomethane (TRIS), 2,2-diphenyl-1-picrylhydrazyl (DPPH), 6-hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid (Trolox<sup>TM</sup>), Gly-Pro-pNA, diprotin A (Ile-Pro-Ile), ethanol, porcine DPP-IV ( $\geq 10$  units.mg<sup>-1</sup> protein), high performance liquid chromatography (HPLC) grade water and acetonitrile (ACN) were obtained from Sigma Aldrich (Dublin, Ireland). Hydrochloric acid (HCl) and sodium hydroxide (NaOH) were from VWR (Dublin, Ireland).

### **2.2. In silico digestion of individual milk proteins with gastrointestinal enzymes and peptide**

## digestion with DPP-IV

*In silico* digestion of individual milk proteins was carried out with the peptide cutter program (ExPASy, 2011) using gastrointestinal enzymes (pepsin, trypsin and chymotrypsin). The different peptides released were then analysed for their potential to act as DPP-IV preferred substrates, i.e., peptides with a Pro residue at the penultimate position. Three casein-derived peptide sequences (Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Leu-Pro-Leu and Leu-Pro-Tyr-Pro-Tyr) which contained previously identified DPP-IV inhibitory peptides within their sequence were selected from the *in silico* digestion with gastrointestinal enzymes. Ile-Pro-Ile-Gln-Tyr contained the potent DPP-IV inhibitor Ile-Pro-Ile which has also been identified as a DPP-IV substrate (Rahfeld et al., 1991). In addition, its incubation with DPP-IV was predicted to release Ile-Pro, which has been identified as a DPP-IV inhibitor (Hatanaka et al., 2012). Digestion of Leu-Pro-Leu-Pro-Leu and Leu-Pro-Tyr-Pro-Tyr with DPP-IV would theoretically release the previously identified DPP-IV inhibitors Leu-Pro and Tyr-Pro (Hatanaka et al., 2012). Tyr-Pro-Tyr-Tyr (Casoxin B) was used for its structural similarities with Leu-Pro-Tyr-Pro-Tyr. The five peptide sequences were digested *in silico* with DPP-IV and the resulting peptide products were identified.

### 2.3. Digestion of milk protein hydrolysates and peptides with DPP-IV

Peptides with a Pro residue at the penultimate position (position 2), including Tyr-Pro-Tyr, Leu-Pro-Leu, Leu-Pro-Leu-Pro-Leu, Tyr-Pro-Tyr-Tyr, Leu-Pro-Tyr-Pro-Tyr, Ile-Pro-Ile-Gln-Tyr and Ile-Pro-Ile, were subjected to DPP-IV digestion. The peptides Ile-Gln-Tyr and Pro-Ile, which did not present structural features of DPP-IV substrates, were used as negative controls. Peptides were resuspended in 100 mM Tris-HCl buffer pH 8.0 at 10 mg.mL<sup>-1</sup> and incubated at 37°C for 18 h with DPP-IV at two different enzyme to substrate ratios (E:S), 1 and 10 U DPP-IV: 1 g peptide. The control consisted of the peptide resuspended in 100 mM Tris-HCl buffer pH 8.0 at 10 mg.mL<sup>-1</sup> incubated at 37°C for 18 h without DPP-IV. The enzyme was heat inactivated at 90°C for 20 min, which resulted in complete inactivation of the enzyme as no DPP-IV activity was detected when the heat treated DPP-IV was subsequently incubated with Gly-Pro-pNA. In order

to check the retention of activity at the end of the reaction, DPP-IV was also incubated for 18 h at 37°C in 100 mM Tris-HCl buffer pH 8.0 without substrate. At the end of the incubation period, this sample was incubated with Gly-Pro-pNA and DPP-IV activity was determined.

Milk protein hydrolysates derived from caseins, whey proteins and lactoferrin as described in Nongonierma and FitzGerald (2013) were used in this study. The hydrolysates were resuspended in 100 mM Tris-HCl buffer pH 8.0 at 10 mg.mL<sup>-1</sup> (final concentration) and incubated at 37°C for 24 h with DPP-IV at an E:S of 0.2 and 2 U of DPP-IV.g<sup>-1</sup> of hydrolysate. The control consisted of the hydrolysates resuspended in 100 mM Tris-HCl buffer pH 8.0 and incubated at 37°C for 24 h without DPP-IV. Hydrolysis with DPP-IV was carried out in duplicate (n=2).

#### 2.4. DPP-IV inhibition assay

Diprotin A was resuspended in HPLC grade water at concentrations ranging from 12.5 × 10<sup>-3</sup> to 12.5 µg.mL<sup>-1</sup> (final concentration), the other peptides and milk protein hydrolysates were dispersed at concentrations ranging from 12.5 × 10<sup>-3</sup> to 1.25 mg.mL<sup>-1</sup> (final concentration). The DPP-IV inhibition assay was carried out as described by Nongonierma and FitzGerald (2013). Briefly, the test samples (25 µL) were pipetted onto a 96 well microplate (Sarstedt, Dublin, Ireland) containing Gly-Pro-pNA, the reaction substrate (50 µL, final concentration 0.2 mM). The negative control contained 100 mM Tris-HCl buffer pH 8.0 (25 µL) and the reaction substrate Gly-Pro-pNA. The reaction was initiated by the addition of DPP-IV (50 µL, final concentration 0.0025 U.mL<sup>-1</sup>). All the reagents and samples were diluted in 100 mM Tris-HCl buffer pH 8.0. Diprotin A was used as a positive control. Each sample was analysed in triplicate. The microplate was incubated at 37°C for 60 min in a microplate reader (Biotek Synergy HT, Winoosky, VT, USA), absorbance of the released pNA was monitored at 405 nm. The DPP-IV IC<sub>50</sub> values (concentration of active compound required to observe 50 % DPP-IV inhibition) were determined by plotting the percentage inhibition as a function of the concentration of test compound.

Lineweaver and Burk analysis was used to study the mode of inhibition as described by Nongonierma and FitzGerald (2013). The initial rate of the reaction (pNA released from Gly-Pro-pNA) was measured at different Gly-Pro-pNA concentrations ranging between 0.2 to 0.6 mM in the presence and absence of the DPP-IV peptide inhibitors at their IC<sub>50</sub> concentration. The affinity constant (K<sub>m</sub>, determined without inhibitor), apparent affinity constant (K<sub>app</sub>, determined in the presence of DPP-IV inhibitor) and the maximum rate of the reaction (V<sub>max</sub>) were determined from the double reciprocal plots.

#### 2.5. DPPH radical scavenging assay

The DPPH assay was used to determine the radical scavenging properties of the peptides which were dispersed in HPLC grade water at concentrations ranging from  $1.25 \times 10^{-2}$  to 2.5 mg.mL<sup>-1</sup>. The DPPH scavenging assay was carried out essentially according to Nongonierma and FitzGerald (2013). Briefly, the test samples (50 µL) were pipetted onto a 96 well microplate containing 150 µL of a DPPH (final concentration 0.088 mM) solution in 50 % (v/v) ethanol. The microplate was incubated at 37°C for 60 min in a microplate reader, absorbance of the DPPH radical was monitored at 517 nm. Each sample was analysed in triplicate. Trolox was used as a positive control. Scavenging of the DPPH radical was determined with respect to a control containing no scavenger (DPPH solution added with 50 µL water). The DPPH scavenging EC<sub>50</sub> values (concentration of active compound required to observe 50 % DPPH scavenging) were determined by plotting the percentage DPPH scavenging as a function of the concentration of test compound.

#### 2.6. Reverse-phase ultra-performance liquid chromatography (RP-UPLC) of peptides and hydrolysates

Profiles of different samples, including peptides and milk protein hydrolysates, before and after incubation with DPP-IV at 37°C were determined by reverse-phase (RP) using an ultra-performance liquid chromatograph (UPLC Acquity - Waters, Dublin, Ireland) equipped with a 2.1 x 50 mm, 1.7 µm Acquity UPLC C18 BEH column mounted with a 0.2 µm inline filter



(Waters) as described by Nongonierma and FitzGerald (2012). All peptides, including the DPP-IV substrate-like peptides and their predicted breakdown products were injected in triplicate (n=3) onto the UPLC column at different concentrations (25, 50, 100, 150, 200 and 250 µg.mL<sup>-1</sup>). Retention time of the standards was used to identify amino acids and peptides present in the samples obtained before and after incubation with DPP-IV. The calibration curves (peak area as a function of peptide concentration, R<sup>2</sup> > 0.95) for all peptides were generated and used to quantify the amount of each amino acid and peptide present in the samples before and after incubation with DPP-IV.

## 2.7. Statistical analysis

Means comparison was carried out using a one way ANOVA followed by a Student Newman-Keuls test using SPSS (version 9, SPSS Inc., Chicago, IL, USA) at a significance level  $P < 0.05$ .

## 3. Results

### 3.1. *In silico* gastrointestinal digestion of DPP-IV inhibitory peptides

Of the different milk protein-derived peptides identified with DPP-IV preferred substrate features, three peptide sequences Ile-Pro-Ile-Gln-Tyr (κ-casein variant A, f26-30), Leu-Pro-Tyr-Pro-Tyr (κ-casein variant A, f56-60) and Leu-Pro-Leu-Pro-Leu (β-casein variant A2, f135-139) were chosen for this study. These were selected on the basis that they contained previously identified DPP-IV inhibitory peptides which may be released during DPP-IV digestion. In addition, Tyr-Pro-Tyr-Tyr (κ-casein variant A, f58-61) which has previously been identified as casoxin B (Chiba, Tani & Yoshikawa, 1989) and diprotin A (Ile-Pro-Ile, κ-casein variant A, f26-28) were also included in this study. Ile-Pro-Ile, a well-known DPP-IV inhibitor, was used as a positive control as it has previously been identified as a DPP-IV substrate (Rahfeld et al., 1991).

*In silico* digestion of these peptide sequences by DPP-IV allowed prediction of the potential breakdown products. The possible DPP-IV cleavage sites on the peptides are illustrated in Fig. 1. This analysis predicted that digestion of Ile-Pro-Ile-Gln-Tyr with DPP-IV would yield Ile-Pro and Ile-Gln-Tyr; Leu-Pro-Leu-Pro-Leu was predicted to yield Leu-Pro, Leu-Pro-Leu, and Leu; Leu-

Pro-Tyr-Pro-Tyr was predicted to yield Leu-Pro, Tyr-Pro-Tyr, Tyr-Pro and Tyr; Tyr-Pro-Tyr-Tyr was predicted to yield Tyr-Pro and Tyr-Tyr while Ile-Pro-Ile was predicted to yield Ile-Pro and Ile. The five parent peptides and their predicted breakdown products were investigated for their DPP-IV inhibitory properties and their further susceptibility to cleavage by DPP-IV *in vitro*.

### 3.2. DPP-IV inhibition and antioxidant activity of the milk protein-derived peptides

Of the twelve peptides tested, ten (Leu-Pro, Tyr-Pro, Ile-Pro, Ile-Pro-Ile, Leu-Pro-Leu, Tyr-Pro-Tyr, Tyr-Pro-Tyr-Tyr, Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Leu-Pro-Leu and Leu-Pro-Tyr-Pro-Tyr) were able to inhibit DPP-IV and two peptides were found to be inactive (Tyr-Tyr and Ile-Gln-Tyr). The IC<sub>50</sub> for the ten DPP-IV inhibitory peptides identified was determined (Table 1). The lowest IC<sub>50</sub> value was observed for Ile-Pro-Ile ( $3.4 \pm 0.1 \mu\text{M}$ ), which was ten times lower than that of Ile-Pro-Ile-Gln-Tyr ( $35.2 \pm 1.8 \mu\text{M}$ ). The least potent compound studied herein was Leu-Pro ( $712.5 \pm 11.0 \mu\text{M}$ ), which was ~ 200 times less potent than Ile-Pro-Ile.

The mode of DPP-IV inhibition for the peptides was determined using the Lineweaver and Burk representation. The Lineweaver and Burk double reciprocal plots for Ile-Pro-Ile, Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Leu-Pro-Leu, Leu-Pro-Tyr-Pro-Tyr, Tyr-Pro-Tyr and Leu-Pro are illustrated in supplementary Fig. S1. For all peptides studied, there was no significant difference for V<sub>max</sub> determined with or without inhibitor ( $P \geq 0.05$ ), whereas K<sub>m</sub> was significantly different ( $P < 0.05$ ) from K<sub>app</sub>. These results suggested that all DPP-IV inhibitory peptides studied herein were competitive inhibitors of DPP-IV and therefore could directly bind to its active site.

The antioxidant activity of the twelve peptides was evaluated by determining their ability to scavenge the DPPH radical. Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Tyr-Pro-Tyr, Tyr-Pro-Tyr-Tyr, Tyr-Pro-Tyr and Tyr-Tyr were able to scavenge DPPH (Table 1). The other peptides did not show any scavenging activity toward DPPH radicals. The antioxidant potency of the peptides was evaluated by determining their EC<sub>50</sub> value. The EC<sub>50</sub> values were relatively high suggesting that these peptides did not have good antioxidant properties at least *in vitro*.

### 3.3. Degradation of milk protein-derived peptides and milk protein hydrolysates following

246 *incubation with DPP-IV*

247 Peptides with DPP-IV preferred substrate features (Ile-Pro-Ile, Leu-Pro-Tyr-Pro-Tyr, Leu-Pro-  
248 Leu-Pro-Leu, Ile-Pro-Ile-Gln-Tyr, Tyr-Pro-Tyr-Tyr, Leu-Pro-Leu and Tyr-Pro-Tyr) were  
249 incubated with DPP-IV at a low and high E:S. After 18 h incubation at 37°C with DPP-IV, all  
250 peptides were cleaved by the enzyme with the exception of Ile-Gln-Tyr and Pro-Ile (the negative  
251 controls) which in theory could not be cleaved by DPP-IV. It was found at the end of the  
252 incubation that DPP-IV was still active as  $69.3 \pm 2.9$  % DPP-IV activity was found. The RP-  
253 UPLC profiles for Ile-Pro-Ile, Ile-Pro-Ile-Gln-Tyr, Leu-Pro-Leu-Pro-Leu and Leu-Pro-Tyr-Pro-  
254 Tyr incubated at the low and high E:S are illustrated on Fig. 2. The RP-UPLC profiles show that  
255 these peptides were cleaved to release their predicted breakdown products as per *in silico*  
256 digestion with DPP-IV (section 3.1.). As expected peptide breakdown was more pronounced at  
257 the high compared to the low E:S. The same results were found with Tyr-Pro-Tyr-Tyr, Tyr-Pro-  
258 Tyr and Leu-Pro-Leu (data not shown).

259 Quantification of the peptides in each sample was carried out using the response factors from  
260 the calibration curves determined for each individual peptide and amino-acid. The concentration  
261 of amino acids and peptides present in each sample is shown in Table 2. As expected, breakdown  
262 of the parent peptide was higher at the high compared to the low E:S. The mass balance of  
263 peptides generated during DPP-IV hydrolysis agreed with the concentration of parent peptide  
264 cleaved. Some components were not detected in the hydrolysed samples, this was due to the  
265 amount of amino acids or peptides being below the detection threshold. Differences were seen in  
266 the extent of peptide breakdown depending on the sequence of the parent peptide. At the high  
267 E:S, Tyr-Pro-Tyr-Tyr and Tyr-Pro-Tyr were completely cleaved and could not be detected after  
268 18 h incubation. In contrast, modest peptide breakdown was seen with Ile-Pro-Ile with less than  
269 10 % (w/w) of this peptide being cleaved at high E:S.

270 Three milk protein hydrolysates studied herein which have previously been shown to be DPP-  
271 IV inhibitors (Nongonierma & FitzGerald, 2013) were incubated with DPP-IV. The RP-UPLC

profiles for the high E:S digests are illustrated on supplementary Fig. S2. Slight differences were seen on the RP-UPLC profiles of the casein hydrolysate (CasH) before and after incubation with DPP-IV at 2, 20, 21 and 28 min retention times, where peptide peaks did not match between the control and the hydrolysate incubated with DPP-IV (supplementary Fig. S2 a). For the whey protein hydrolysate (WPH), one peak eluting at 15 min was absent from the hydrolysate after incubation with DPP-IV (supplementary Fig. S2 b). In the case of the lactoferrin hydrolysate (LFH), slight differences were seen at 3 and 9 min between the control and after incubation with DPP-IV (supplementary Fig. S2 c).

Overall, incubation of the individual peptides with DPP-IV induced major changes in the peptide composition, whereas for the milk protein hydrolysate, only minor modifications were seen.

#### *3.4. DPP-IV inhibitory properties of milk protein-derived peptides and milk protein hydrolysates following incubation with DPP-IV*

The IC<sub>50</sub> values for the peptides pre and post DPP-IV hydrolysis was evaluated to study the impact of peptide breakdown on the bioactive properties (Table 3). The IC<sub>50</sub> value of the control samples were similar to the values previously reported for these peptides (Table 1), suggesting that the bioactive properties of these peptides were not altered following incubation at 37°C for 18 h. In addition, the RP-UPLC of the peptides in the control and freshly prepared peptides did not differ (data not shown), suggesting that the peptides were not degraded during incubation in the controls. For most peptides, there was no significant difference ( $P \geq 0.05$ ) in terms of IC<sub>50</sub> value between the control and the low E:S sample, with the exception of Leu-Pro-Leu-Pro-Leu. Leu-Pro-Leu-Pro-Leu had a significantly ( $P < 0.05$ ) lower IC<sub>50</sub> value at the low E:S compared to the control. For all peptides, incubation with DPP-IV at the high E:S resulted in a significant increase ( $P < 0.05$ ) in the IC<sub>50</sub> value compared to the control and the low E:S sample. However, this was not seen for Leu-Pro-Leu-Pro-Leu where the IC<sub>50</sub> value significantly decreased ( $P < 0.05$ ) following incubation with DPP-IV and no significant difference ( $P \geq 0.05$ ) was seen

between the IC<sub>50</sub> values at the low and high E:S.

The IC<sub>50</sub> values for the milk protein hydrolysates incubated with DPP-IV at a high and low E:S were determined (Fig. 3). There was no significant difference ( $P \geq 0.05$ ) between the IC<sub>50</sub> value of the three hydrolysate controls. Following incubation with DPP-IV, no significant differences in terms of IC<sub>50</sub> values were found for WPH and LFH between the control and the high and low E:S digests. In contrast, for CasH, samples incubated with DPP-IV displayed a significantly lower ( $P < 0.05$ ) IC<sub>50</sub> value compared to CasH control. There was no significant difference ( $P \geq 0.05$ ) between CasH incubated at high or low E:S.

#### 4. Discussion

This study has demonstrated that milk protein-derived peptides, with a Pro at position 2, predicted to be released by gastrointestinal enzymes could act as DPP-IV inhibitors, involving a substrate or prodrug mode of inhibition. With both substrate or prodrug modes of inhibition, the starting peptides are susceptible to further DPP-IV cleavage, resulting in the release of more or less potent peptide inhibitors as compared to the parent peptide. All peptides studied herein were competitive inhibitors, suggesting a direct interaction of the peptides with the active site of DPP-IV.

To our knowledge, of the different peptides studied, only Ile-Pro-Ile, Ile-Pro, Tyr-Pro and Leu-Pro have previously been identified for their DPP-IV inhibitory properties (Hatanaka et al., 2012). In agreement with the results of Hatanaka et al. (2012), Ile-Pro also displayed a lower IC<sub>50</sub> value compared to Leu-Pro ( $149.6 \pm 6.1$  and  $712.5 \pm 11.0$   $\mu$ M, respectively, Table 1). In addition, Ile-Pro was about 6 times more potent than Leu-Pro, which is of the same order as the values reported in Table 1. In contrast, we found that Tyr-Pro was a more potent DPP-IV inhibitor than Leu-Pro, whereas Hatanaka et al. (2012) reported the opposite trend.

Relatively potent DPP-IV inhibitors displaying a substrate-type inhibition have been reported in the literature. The well-known inhibitors diprotin A (Ile-Pro-Ile) and diprotin B (Val-Pro-Leu) isolated from microbial cultures have previously been shown to behave as DPP-IV substrates

(Rahfeld et al., 1991). Other DPP-IV inhibitory peptides isolated from casein with a Pro at the penultimate position, have recently been identified, these include Leu-Pro-Gln-Asn-Ile-Pro-Pro-Leu, Leu-Pro-Gln and Val-Pro-Ile-Thr-Pro-Thr-Leu with  $IC_{50}$  values of 46, 82 and 110  $\mu$ M, respectively (Uenishi et al., 2012). Similarly, Ile-Pro-Ala (Tulipano et al., 2011) and Ile-Pro-Ala-Val-Phe (Silveira et al., 2013) were isolated from  $\beta$ -lactoglobulin, with DPP-IV  $IC_{50}$  values of 49 and 45  $\mu$ M, respectively. Results obtained from DPP-IV inhibitory potency correlated with the composition of the samples, with the overall  $IC_{50}$  value being governed by the amount of the most potent peptide within the sample (Table 2 and 3). Similar results have previously been reported by Hatanaka et al. (2012) with Diprotin A (Ile-Pro-Ile) having an  $IC_{50}$  value twice as low as its breakdown product Ile-Pro ( $0.21 \pm 0.01$  mM and  $0.41 \pm 0.07$  mM, respectively). For illustration, in the case of Tyr-Pro-Tyr and Tyr-Pro-Tyr-Tyr incubated at a high DPP-IV E:S, all the parent peptide was degraded. As a consequence, these samples only contained Tyr-Pro as DPP-IV inhibitory peptide. Interestingly, the  $IC_{50}$  value for Tyr-Pro-Tyr and Tyr-Pro-Tyr-Tyr incubated at high E:S of DPP-IV ( $523.4 \pm 31.9$  and  $783.7 \pm 50.6$   $\mu$ M, respectively, Table 3) was of the same order as that of Tyr-Pro ( $658.1 \pm 8.0$   $\mu$ M, Table 1).

To our knowledge, no study has identified milk protein-derived peptides with a prodrug-type behavior for DPP-IV inhibition. One peptide, Leu-Pro-Leu-Pro-Leu, had a different behaviour from the other peptides studied herein, showing a decrease in the  $IC_{50}$  value following incubation at low and high E:S as compared to the control (Table 3). This peptide therefore displayed a prodrug-type inhibition according to the classification established by Fujita & Yoshikawa (1999). In the sample containing Leu-Pro-Leu-Pro-Leu incubated with low and high E:S, significant amounts of Leu-Pro-Leu were found (Table 2). This peptide is about 30 % more potent than Leu-Pro-Leu-Pro-Leu and three times more potent than Leu-Pro, which explains the overall decrease in  $IC_{50}$  value seen following incubation of Leu-Pro-Leu-Pro-Leu with DPP-IV.

Relatively high amounts of Leu-Pro-Leu and Tyr-Pro-Tyr, which could be substrates for DPP-IV were also found with the parent peptides Leu-Pro-Leu-Pro-Leu and Tyr-Pro-Tyr-Pro-Tyr,

350 respectively, incubated with DPP-IV at high E:S. The susceptibility of Leu-Pro-Leu and Tyr-Pro-  
351 Tyr to DPP-IV cleavage varied when these sequences were encrypted in a larger peptide (Leu-  
352 Pro-Leu-Pro-Leu and Leu-Pro-Tyr-Pro-Tyr, respectively). At the high E:S, around 35 % of Tyr-  
353 Pro-Tyr was cleaved from Leu-Pro-Tyr-Pro-Tyr, whereas 100 % of Tyr-Pro-Tyr was cleaved  
354 with DPP-IV. For Leu-Pro-Leu incubated with DPP-IV, more than 75 % was cleaved whereas 30  
355 % Leu-Pro-Leu was cleaved when Leu-Pro-Leu-Pro-Leu was incubated with DPP-IV at the high  
356 E:S. These differences may arise from the inhibition exerted by the parent peptide (Leu-Pro-Leu-  
357 Pro-Leu or Leu-Pro-Tyr-Pro-Tyr) on DPP-IV, which may have blocked further cleavage of Tyr-  
358 Pro-Tyr and Leu-Pro-Leu. This is further supported by the fact that the more potent DPP-IV  
359 inhibitory peptides (i.e. Ile-Pro-Ile, Ile-Pro-Ile-Gln-Tyr and Leu-Pro-Tyr-Pro-Tyr, Table 1)  
360 studied herein were generally cleaved to a lesser extent by DPP-IV (Table 2 and Fig. 2).

361 For the whey protein-derived hydrolysates (WPH and LFH), preincubation with DPP-IV did  
362 not affect the DPP-IV inhibitory properties of the samples (Fig. 3). This was in agreement with  
363 the fact that the peptide profile for these samples was essentially unaffected by incubation with  
364 DPP-IV (supplementary Fig. S2). However, with CasH, more obvious modifications were seen in  
365 the peptide profile, which resulted in a significant decrease in the DPP-IV inhibitory properties.  
366 Differences observed between whey proteins and caseins may come from the fact that caseins  
367 contain higher amounts of Pro residues on a weight basis compared to whey. In addition, a higher  
368 number of peptides with a Pro at the penultimate position were identified with the *in silico*  
369 approach used herein for the caseins ( $\alpha_{s1}$ -,  $\alpha_{s2}$ -,  $\beta$ - and  $\kappa$ -casein) as compared to the whey proteins  
370 ( $\beta$ -lactoglobulin and  $\alpha$ -lactalbumin). The significant decrease in the  $IC_{50}$  value observed with  
371 CasH following incubation with DPP-IV may be explained by the fact that it may contain  
372 prodrug-type DPP-IV inhibitory peptides. Peptide peaks eluting at the same retention time as  
373 Leu-Pro-Leu-Pro-Leu (17.9 min) and Leu-Pro-Leu (12.3 min) were seen on the RP-UPLC profile  
374 of CasH. However, there was no difference in peak areas between the control and the high E:S  
375 digest of CasH, suggesting that these peptides may not be responsible for the decreased  $IC_{50}$

376 value. However, several other peptides which have not been studied herein may be responsible  
377 for this effect. Mass spectrometric identification of the peptides within CasH may help to better  
378 understand the effect of DPP-IV pre-digestion on the overall DPP-IV inhibitory properties of the  
379 casein hydrolysate.

380 To assess if the peptides studied herein also had the potential to reduce oxidative stress in  
381 T2D, their antioxidant activity was studied. The peptides evaluated herein only had a modest  
382 DPPH scavenging activity. The EC<sub>50</sub> value for DPPH scavenging by the casein-derived peptide  
383 Tyr-Pro-Tyr-Pro-Glu-Leu was 98 µM while it was 23.3 µM for carnosine (Ala-His) (Suetsuna,  
384 Ukeda & Ochi, 2000). EC<sub>50</sub> values of 242 and 654 µM have been reported for Trp-Val and Val-  
385 Trp, respectively (Nongonierma & FitzGerald, 2013).

386 A wide range of biologically active peptides, including immunomodulatory, neuro- and vaso-  
387 active peptides, may be cleaved *in vivo* by DPP-IV resulting, in some cases, in the alteration of  
388 their biological activity (Vanhoof et al., 1995). In agreement with our results, relatively long  
389 incubation times with DPP-IV were required to achieve significant cleavage of the substrate. For  
390 instance, with [(Xaa-Pro)<sub>n</sub>]-[drug] conjugates, it has been shown that up to 92 % of the  
391 conjugates were cleaved by DPP-IV following a 24 h incubation period (García-Aparicio et al.,  
392 2006). Cleavage of the milk protein-derived peptide, β-casomorphin (f1-5) (Tyr-Pro-Phe-Pro-  
393 Gly), by DPP-IV from renal brush border membrane has been demonstrated (Miyamoto,  
394 Ganapathy, Barlas, Neubert, Barth & Leibach, 1987; Tiruppathi, Miyamoto, Ganapathy, Roesel,  
395 Whitford & Leibach, 1990). In addition, it was also shown that cleavage of Pro containing  
396 peptides and gliadin, a Pro rich protein, also occurred with DPP-IV from intestinal brush border  
397 membrane of rat (Tiruppathi, Miyamoto, Ganapathy & Leibach, 1993). It was also demonstrated  
398 that Leu-Pro-Gly-Gly was degraded in Leu-Pro and Gly-Gly by DPP-IV located in the intestinal  
399 brush border membrane of rat (Morita, Chung, Freeman, Erickson, Sleisenger & Kim, 1983).  
400 Based on the available scientific evidence, it is anticipated that the results obtained *in vitro* with  
401 the milk protein-derived peptides studied herein may also translate *in vivo*. The different milk



protein-derived peptides studied herein may be further degraded by DPP-IV in the gastrointestinal tract to release amino acids and smaller peptides as predicted by the *in silico* digestion with DPP-IV (Fig. 1).

Degradation of Pro containing peptides by DPP-IV located in the intestinal brush border membrane *in vivo* has been shown to directly affect absorption of peptides. Morita et al. (1983) have shown that ileal absorption rate of the constitutive amino acids of Leu-Pro-Gly-Gly (i.e. Leu, Pro and Gly) and Leu-Pro and Gly-Gly was faster than that of the tetrapeptide. Relatively high levels of DPP-IV ( $1.03 \text{ g.mL}^{-1}$ ) have been identified in the serum of humans (Cuchacovich, Gatica, Pizzo & Gonzalez-Gronow, 2001). If they can cross the gut barrier, it is anticipated that the short peptides studied herein (Leu-Pro-Leu and Tyr-Pro-Tyr) may be degraded into Leu-Pro and Tyr-Pro. Leu-Pro and Tyr-Pro could in turn inhibit DPP-IV in the circulation. The peptide sequences studied herein are of relevance to multi-site targeting for DPP-IV inhibition. They may display their DPP-IV inhibitory potential directly in the gastrointestinal tract where they may be degraded by intestinal brush border DPP-IV (Tiruppathi et al., 1993). This in turn will release shorter peptides which are better candidates for intestinal permeation possibly allowing these to reach the circulation where they may further display their DPP-IV inhibitory properties. Although the  $\text{IC}_{50}$  value of the larger peptides was generally found to be lower than that of the shorter peptides studied herein, the  $\text{IC}_{50}$  values for shorter peptides indicate that these are still moderately potent inhibitors of DPP-IV (Table 1).

## Conclusion

Milk protein-derived peptides which have been predicted to be released by gastrointestinal enzyme activities have been shown to behave as substrate- or prodrug-type inhibitors of DPP-IV. Besides their DPP-IV inhibitory properties, which make them interesting candidates for protecting incretins against DPP-IV cleavage in the gastrointestinal tract, the instability of these peptides may be further exploited. Cleavage of these peptide sequences by DPP-IV was shown to

428 release peptides which were in some cases more or less potent DPP-IV inhibitors. It is anticipated  
429 that such peptides, owing to their small size and relatively high hydrophobicity may be good  
430 candidates for intestinal absorption, thereby, allowing them to reach the circulation where they  
431 may display their bioactive properties. Validation of these results *in vivo* is still required,  
432 however, based on numerous studies conducted *in vivo* with peptides showing DPP-IV substrate-  
433 like features, it is anticipated that similar trends may be found *in vivo*. To our understanding, the  
434 results presented herein are relevant to the management of type 2 diabetes with functional foods  
435 involving multi-target sites for DPP-IV inhibition in humans.

436

437    **Acknowledgements**

438       The work described herein was supported by Enterprise Ireland under Grant Number  
439    CC20080001. The authors wish to acknowledge Ms. Niamh Davern for her technical assistance.

440

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**Table 1** Peptide concentration inducing 50 % inhibition (IC<sub>50</sub>) for dipeptidyl peptidase IV (DPP-IV) and concentration of peptide required to observe 50 % 2,2-diphenyl-1-picrylhydrazyl (DPPH) scavenging (EC<sub>50</sub>) in the presence of milk protein-derived peptides.

Peptide sequence	DPP IV IC <sub>50</sub> (μM) <sup>*</sup>	DPPH EC <sub>50</sub> (mM) <sup>*</sup>
IPI (diprotin A)	3.4 ± 0.1 <sup>a</sup>	nd
IPIQY	35.2 ± 1.8 <sup>b</sup>	4.18 ± 0.61
LPYPY	108.3 ± 2.8 <sup>c</sup>	>5
IP	149.6 ± 6.1 <sup>d</sup>	-
YPYY	194.4 ± 13.0 <sup>e</sup>	> 10
LPL	241.4 ± 11.4 <sup>f</sup>	-
YPY	243.7 ± 2.8 <sup>f</sup>	-
LPLPL	325.0 ± 15.2 <sup>g</sup>	-
YP	658.1 ± 8.0 <sup>h</sup>	>5
LP	712.5 ± 11.0 <sup>h</sup>	-
YY	-	>5
IQY	-	-
Trolox (× 10 <sup>3</sup> )	nd	17.2 ± 5.5

\*Values represent mean IC<sub>50</sub> values ± confidence interval ( $P = 0.05$ ), n=3. Values with different superscript letters are significantly different ( $P < 0.05$ ).  
nd: not determined, -: no activity detected.



**Table 2** Concentration of milk protein-derived peptides pre- (control) and post-hydrolysis with dipeptidyl peptidase IV (DPP-IV) following incubation at 37°C for 18 h at a low (1 U: 1 g peptide) and high (10 U: 1 g peptide) enzyme to substrate ratio (E: S).

Parent peptide	Predicted sequences post DPP-IV hydrolysis	Peptide or amino acid concentration (µM)		
		Control	Low E:S	High E:S
IPI (diprotin A)	IPI	0.868 ± 0.001	0.854 ± 0.002	0.801 ± 0.047
	IP	nd	nd	0.072 ± 0.002
	I	nd	0.020 ± 0.017	0.076 ± 0.043
LPYPY	LPYPY	0.408 ± 0.001	0.360 ± 0.001	0.172 ± 0.021
	LP	nd	0.036 ± 0.001	0.182 ± 0.064
	YPY	nd	0.034 ± 0.001	0.192 ± 0.001
	YP	nd	nd	0.042 ± 0.001
	Y	nd	nd	0.052 ± 0.001
LPLPL	LPLPL	0.468 ± 0.012	0.288 ± 0.001	0.099 ± 0.001
	LPL	nd	0.156 ± 0.002	0.256 ± 0.001
	LP	nd	0.100 ± 0.001	0.487 ± 0.003
	L	nd	nd	nd
IPIQY	IPIQY	0.450 ± 0.001	0.450 ± 0.001	0.264 ± 0.001
	IP	nd	0.026 ± 0.001	0.158 ± 0.001
	IQY	nd	0.023 ± 0.001	0.162 ± 0.001
YPYY	YPYY	0.441 ± 0.001	0.420 ± 0.001	nd
	YP	nd	0.074 ± 0.001	0.385 ± 0.001
	YY	nd	0.078 ± 0.001	0.397 ± 0.001
LPL	LPL	0.817 ± 0.004	0.801 ± 0.003	0.106 ± 0.055
	LP	nd	0.076 ± 0.002	0.471 ± 0.002
	L	nd	nd	nd
YPY	YPY	0.501 ± 0.001	0.446 ± 0.047	nd
	YP	nd	0.037 ± 0.024	0.445 ± 0.001
	Y	nd	0.048 ± 0.001	0.430 ± 0.001
PI	PI	1.171 ± 0.004	1.208 ± 0.002	1.239 ± 0.001
IQY	IQY	0.506 ± 0.001	0.469 ± 0.001	0.492 ± 0.001

nd: not detected

**Table 3** Concentration of milk protein-derived peptides inducing 50 % inhibition (IC<sub>50</sub>) of dipeptidyl peptidase IV (DPP-IV) pre- (control) and post-hydrolysis of the milk protein-derived peptides with DPP-IV following incubation at 37°C for 18 h at a low (1 U: 1 g peptide) and high (10 U: 1 g peptide) enzyme to substrate ratio (E:S).

Compound	DPP-IV IC <sub>50</sub> <sup>*</sup>		
	Control	Low E:S	High E:S
IPI (diprotin A)	2.9 ± 0.2 <sup>a</sup>	3.3 ± 0.1 <sup>a</sup>	4.4 ± 0.3 <sup>b</sup>
IPIQY	26.7 ± 0.6 <sup>c</sup>	31.1 ± 0.3 <sup>c</sup>	40.4 ± 0.4 <sup>d</sup>
LPYPY	90.8 ± 2.8 <sup>e</sup>	89.7 ± 7.7 <sup>e</sup>	124.1 ± 23.3 <sup>f</sup>
LPL	186.8 ± 3.1 <sup>g</sup>	195.8 ± 3.5 <sup>g,h</sup>	542.2 ± 9.1 <sup>k</sup>
YPYY	207.9 ± 9.2 <sup>g,h</sup>	238.3 ± 48.1 <sup>h,i</sup>	523.4 ± 31.9 <sup>k</sup>
YPY	282.0 ± 26.8 <sup>j</sup>	387.0 ± 40.2 <sup>j</sup>	783.7 ± 50.6 <sup>l</sup>
LPLPL	358.4 ± 15.6 <sup>j</sup>	271.6 ± 18.6 <sup>i</sup>	246.7 ± 66.5 <sup>h,i</sup>

\*Values represent mean IC<sub>50</sub> values ± confidence interval ( $P = 0.05$ ), n=3. Values with different superscript letters are significantly different ( $P < 0.05$ ).